

Australian Foods

Suggestion on how to use the worksheet

- Learn about the diversity of Australian culture by finding out what Australians eat.

Explanation:

All of the dishes on the worksheet can be classed as home cooking. There are dishes from various countries and regions. These are easy to find in shops and are very popular because Australia is a multicultural country. Japanese soy sauce and teriyaki flavour are also popular, and Australians often eat rice. (Japanese don't know well various kinds of rice such as basmati rice for Indian cuisine, jasmine rice for Thai cuisine, Japanese rice for sushi are easy to find at shops.) Shepherd's Pie is a dish made from minced meat topped with mashed potato and baked.

Australian sweets and dishes are introduced in the section for recipes (from pg 53).